

SELF-HIRED RESPITE

PROGRAM

HOW DOES IT WORK?

1. APPLY THROUGH PERFORMANCE-CARE
2. COMPLETE SCARC, INC. INTAKE
3. HIRE YOUR RESPITE WORKER

WHAT IS SELF-HIRED RESPITE (SHR)?

The word respite means “break” or “relief.” Respite services are designed to offer families the opportunity for a break from caregiving responsibilities. Self-Hired Respite is a service provided to families who want to recruit a respite worker of choice.

WHO IS ELIGIBLE?

Families with a child ages 5 through 20 with an intellectual or developmental disability.



DESCRIPTION OF SERVICES

- **Respite is not a substitute for childcare, school, or participation in other age-appropriate activities. Respite is also not a substitute for services provided by a home health aide for self-care needs (bathing, dressing, feeding, and toileting).**
- **The respite worker MUST:**
 - **Be 18 years of age or older**
 - **Reside outside of the child's home**
 - **Complete a fingerprinting background check**
 - **Pass Tuberculin Skin (TB) test**



**SCAN TO ACCESS
PERFORMCARE'S
WEBSITE!**

**FOR MORE
INFORMATION,
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