

SELF-HIRED RESPITE

PROGRAM

HOW DOES IT WORK?

1. APPLY
THROUGH
PERFORM-
CARE
2. COMPLETE
SCARC, INC.
INTAKE
3. HIRE YOUR
RESPITE
WORKER

WHAT IS SELF-HIRED RESPITE (SHR)?

The word respite means “break” or “relief.” Respite services are designed to offer families the opportunity for a break from caregiving responsibilities. Self-Hired Respite is a service provided to families who want to recruit a respite worker of choice.

WHO IS ELIGIBLE?

Families with a child ages 5 through 20 with an intellectual or developmental disability.



DESCRIPTION OF SERVICES

- **Respite is not a substitute for childcare, school, or participation in other age-appropriate activities. Respite is also not a substitute for services provided by a home health aide for self-care needs (bathing, dressing, feeding, and toileting).**
- **The respite worker MUST:**
 - **Be 18 years of age or older**
 - **Reside outside of the child's home**
 - **Complete a fingerprinting background check**
 - **Pass Tuberculin Skin (TB) test**



**SCAN TO ACCESS
PERFORMCARE'S
WEBSITE!**

**FOR MORE
INFORMATION,
PLEASE CONTACT:
AMANDA STOLL
SENIOR
COORDINATOR OF
COMMUNITY
SERVICES
ASTOLL@SCARC.ORG
973-383-7448
EXT.285**

