

# A ROADMAP TO YOUR COUNTY RESOURCES

## ALL AGES

### The Arc of New Jersey Family Institute

[www.thearcfamilyinstitute.org](http://www.thearcfamilyinstitute.org)

Lisa Ford - (732) 828-2022

Michael Pearson Jr. - (732) 246-4897

### The Arc of Cape May County

<https://arcofcapemay.org/>

Robin Watson

Chief Programs Officer

609-861-7100 x122

[robin@arcofcapemay.org](mailto:robin@arcofcapemay.org)

### Mainstreaming Medical Care

[www.mainstreamingmedicalcare.org](http://www.mainstreamingmedicalcare.org)

Beverly Roberts

[broberts@arcnj.org](mailto:broberts@arcnj.org)

(732) 246-2567

### Special Olympics of New Jersey

[www.sonj.org](http://www.sonj.org)

(609) 647-7464

## OVER 18

### Division of Vocational and Rehabilitation Services (DVRs)

<https://bit.ly/3sscVyB>

### DVRs Field Office of Cape May County

(609) 523-0330

### Division of Developmental Disabilities (DDD)

State services for adults with intellectual and developmental disabilities over 21. [bit.ly/dddnj](https://bit.ly/dddnj)

### DDD Cape May Community Services Office

(609) 476-5200

## OVER 21

### PerformCare

State services for children with intellectual and developmental disabilities under 21. Call 24/7

[www.performcarenj.org](http://www.performcarenj.org)

1-877-652-7624

### Atlantic Cape Family Support Organization (FSO)

FSO's provide peer support, education, advocacy and other services to family members of children with emotional and behavioral needs, substance abuse issues and/or developmental disabilities.

<https://www.acfamsupport.org/>

(609) 485-0575

### Planning For Adult Life

[www.planningforadulthood.org](http://www.planningforadulthood.org)

[helpdesk@planningforadulthood.org](mailto:helpdesk@planningforadulthood.org)

(732) 828-0972

### Learning Resource Centers (LRC)

The LRC staff provides regional in-service workshops, training institutes, statewide conferences, consultations, LRC orientations, and technical assistance to educators and parents of students with disabilities. Phone: 856-256-4704

<https://lrcsouth.goelexandria.com/>

<https://education.rowan.edu/lrcsouth/>

[LRC\\_south@rowan.edu](mailto:LRC_south@rowan.edu)

### Special Child Health Services (SCHS) Of Cape May County

SCHS Case Managers provide free case management services to youth under 21 with complex, long-term medical and developmental disabilities.

[bit.ly/schscasemanagers](https://bit.ly/schscasemanagers)

Natalie Sandler, Director

E: [natalie.sandler@co.cape-may.nj.us](mailto:natalie.sandler@co.cape-may.nj.us)

### Office of Special Education

[www.nj.gov/education/special](http://www.nj.gov/education/special)

[ed/](https://bit.ly/osed) . (609) 376-9060

THE ARC OF CAPE MAY COUNTY