# Family The Arc. of New Jersey Advocacy • Empowerment Resources • Education

# What's on your dashboard?

# A Roadmap to YOUR county resources Bergen County

# **ALL AGES**

# The Arc of New Jersey Family Institute

www.thearcfamilyinstitute.org Lisa Ford - (732) 828-2022 Michael Pearson Jr. (732) 246-4897

# The Arc of Bergen & Passaic County

www.arcbergenpassaic.org Olga Podolsky , Director of Family Support Services OPodolsky@arcbp.com (201) 343-0322

# **Mainstreaming Medical Care**

www.mainstreamingmedicalcare.org Beverly Roberts broberts@arcnj.org (732) 246-2567

# **Special Olympics of New Jersey**

www.sonj.org (609) 902-2666

# **UNDER 21**

### **PerformCare**

State services for children with intellectual and developmental disabilities under 21. Call 24/7 <a href="https://www.performcarenj.org">www.performcarenj.org</a> (877) 652-7624

# Family Support Organization of Bergen County (FSO)

FSO's provide peer support, education, advocacy and other services to family members of children with emotional and behavioral needs, substance abuse issues and/or developmental disabilities.

www.fsobergen.org (201) 796-6209

# **Planning For Adult Life**

www.planningforadultlife.org helpdesk@planningforadultlife.org (732) 828-0972

# Special Child Health Services (SCHS) Of Bergen County

SCHS Case Managers provide free case management services to youth under 21 with complex, long-term medical and developmental disabilities.

bit.ly/schscasemanagers
Erin Beischer, LCSW, Program Coordinator
ebeischer@co.bergen.nj.us
(201) 634-2621

# **Office of Special Education**

www.nj.gov/education/specialed (609) 292-0147

# **Learning Resource Centers (LRC)**

The LRC staff provides regional in-service workshops, training institutes, statewide conferences, consultations, LRC orientations, and technical assistance to educators and parents of students with disabilities.

www.state.nj.us/education/lrc lrcnorth@doe.state.nj.us (973) 414-4491

### **OVER 18**

Division of Vocational and Rehabilitation Services (DVRS)

bit.ly/njdvrs

# **DVRS Field Office of Bergen County**

(201) 996-8970

# **OVER 21**

# **Division of Developmental Disabilities (DDD)**

State services for adults with intellectual and developmental disabilities over 21. bit.ly/dddnj

# **DDD Bergen Community Services Office**

(973) 977-4004