



# RESPIRE THROUGH THE DIVISION OF DEVELOPMENTAL DISABILITIES (DDD)

Respite services are provided to participants unable to care for themselves that are furnished on a short-term basis because of the absence or need for relief of those persons who normally provide care for the participant.

EXAMPLES OF RESPIRE	NEED FOR SERVICES	<u>STEPS TO ACCESS RESPIRE</u>
<ul style="list-style-type: none"> <li>• BASE RESPIRE</li> <li>• OUT OF HOME OVERNIGHT RESPIRE</li> <li>• DAY CAMP RESPIRE</li> <li>• OVERNIGHT CAMP RESPIRE</li> <li>• IN-HOME COMMUNITY CARE RESIDENCE RESPIRE</li> <li>• SELF-DIRECTED EMPLOYEE RESPIRE</li> </ul> <p><i>IT IS IMPORTANT FOR THE PROVIDER TO CLEARLY MATCH THE SERVICES THEY ARE PROVIDING TO THE DESCRIPTIONS PROVIDED IN THE SUPPORTS PROGRAM MANUAL IN ORDER TO DETERMINE WHICH SERVICE IS ACTUALLY BEING PROVIDED.</i></p>	<p>THE NEED FOR RESPIRE WILL BE IDENTIFIED THROUGH THE NJ COMPREHENSIVE ASSESSMENT TOOL (NJCAT) AND THE PERSON CENTERED PLANNING PROCESS DOCUMENTED IN THE PERSON CENTERED PLANNING TOOL (PCPT).</p> <p><i>INDIVIDUALS AND FAMILIES ARE ENCOURAGED TO INCLUDE THE RESPIRE PROVIDER IN THE PLANNING PROCESS TO ASSIST IN IDENTIFYING AND DEVELOPING APPLICABLE OUTCOMES.</i></p>	<ul style="list-style-type: none"> <li>• THE RESPIRE PROVIDER CAN REQUIRE/REQUEST REFERRAL INFORMATION THAT WILL ASSIST THE PROVIDER IN OFFERING QUALITY SERVICES. ONCE THE SUPPORT COORDINATOR HAS INFORMED THE PROVIDER THAT THE INDIVIDUAL HAS SELECTED THEM TO PROVIDE RESPIRE.</li> <li>• THE FOLLOWING ITEMS WILL BE NOTED IN THE PERSON'S INDIVIDUALIZED SERVICE PLAN (ISP):             <ul style="list-style-type: none"> <li>• NAME OF THE AGENCY PROVIDING THE SERVICE</li> <li>• EXTENT OF THE SERVICE HOURS</li> <li>• DURATION AND FREQUENCY OF THE SERVICE</li> </ul> </li> </ul> <p><i>IT IS RECOMMENDED THAT THE INDIVIDUAL RESEARCH POTENTIAL SERVICE PROVIDERS THROUGH PHONE CALLS, MEETINGS AND VISITS, TO SELECT THE SERVICE PROVIDER THAT WILL BEST MEET HIS/HER NEEDS.</i></p>

**RESPIRE OPTIONS**  
 DDD HAS APPLIED THE LABEL "RESPIRE" TO A VARIETY OF PROGRAMS, SERVICES, AND ACTIVITIES. INDIVIDUALS ENROLLED IN THE SUPPORTS PROGRAM CAN CONTINUE TO ACCESS A MAJORITY OF THESE PROGRAMS AND SERVICES THROUGH THE RESPIRE SERVICE WHEN THEY MEET THE SERVICE DESCRIPTION FOR RESPIRE.

## Service Limits:

Room and board costs will not be paid when services are provided in the participant's home. Hotel Respite shall not exceed two consecutive weeks and 30 days per year.

## Helpful Links:

**Supports Program Manual:** <https://bit.ly/SCMANUAL>

**NJCAT:** <https://bit.ly/NJCAT2>

**PCPT:** <http://bit.ly/PCPTool>



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## **GLOSSARY**

BASE RESPITE: IS PROVIDED IN OR OUT OF THE INDIVIDUAL'S HOME.

OUT OF HOME RESPITE: THIS CAN BE PROVIDED WITHIN A SETTING LICENSED UNDER 10:44A, A SETTING THAT HAS BEEN APPROVED BY THE DIVISION, OR WITHIN A HOTEL. FOR MORE INFORMATION ABOUT 10:44A VISIT: [BIT.LY/DDDRESPITE](http://BIT.LY/DDDRESPITE)

DAY CAMP RESPITE: IS UTILIZED BY CAMPS THAT ONLY PROVIDE CAMP DURING DAYTIME HOURS. THIS SERVICE CAN BE PROVIDED FOR UP TO 6 HOURS PER DAY. AN ADDITIONAL 2 HOURS PER DAY OF BASE REPSITE CAN BE PROVIDED BY THE SAME PROVIDER, IF NEEDED.

IN-HOME COMMUNITY CARE RESIDENCE RESPITE: IS RESPITE PROVIDED IN A SETTING LICENSED UNDER 10:44C. FOR MORE INFORMATION ABOUT 10:44C VISIT: [BIT.LY/COMMUNITYCARERESPITE](http://BIT.LY/COMMUNITYCARERESPITE)

SELF-DIRECTED EMPLOYEE (SDE) RESPITE: IS RESPITE PROVIDED IN OR OUT OF THE HOME BY SOMEONE WHO HAS BEEN HIRED BY THE INDIVIDUAL.

