

A ROADMAP TO YOUR COUNTY RESOURCES

ALL AGES

The Arc of New Jersey Family Institute

www.thearcfamilyinstitute.org

Lisa Ford - (732) 828-2022

Michael Pearson Jr. - (732) 246-4897

The Arc of Essex County

www.arcessex.org

Erica Zupkus

Family Support Staff

Ezupkus@arcessex.org

Mainstreaming Medical Care

www.mainstreamingmedicalcare.org

Beverly Roberts

broberts@arcnj.org

(732) 246-2567

Special Olympics of New Jersey

www.sonj.org

(609) 647-7464

PerformCare

State services for children with intellectual and developmental disabilities under 21. Call 24/7

www.performcarenj.org

1-877-652-7624

Family Support Organization of Essex County (FSO)

FSO's provide peer support, education, advocacy and other services to family members of children with emotional and behavioral needs, substance abuse issues and/or developmental disabilities.

<https://www.fsoec.org/index.php>

973-395-1441

Planning For Adult Life

www.planningforadulthood.org

helpdesk@planningforadulthood.org

(732) 828-0972

Learning Resource Centers (LRC)

The LRC staff provides regional in-service workshops, training institutes, statewide conferences, consultations, LRC orientations, and technical assistance to educators and parents of students with disabilities.

<https://www.state.nj.us/education/lrc/>

<https://lrcnorth.goalexandria.com/>

E: lrcnorth.order@doe.nj.gov

(973) 414-4491

Special Child Health Services (SCHS) Of Essex County

SCHS Case Managers provide free case management services to youth under 21 with complex, long-term medical and developmental disabilities.

bit.ly/schscasemanagers

Ana Jimenez-Quinones, Unit Coordinator

aquinones.essexschs@gmail.com. Phone: 973-395-8836

Office of Special Education

www.nj.gov/education/special-ed/ . (609) 376-9060

OVER 18

Division of Vocational and Rehabilitation Services (DVRS)

<https://bit.ly/3sscVyB>

DVRS Field Office of Essex County

(973) 648-3494

Division of Developmental Disabilities (DDD)

State services for adults with intellectual and developmental disabilities over 21. bit.ly/dddnj

DDD Essex Community Services Office

(973) 693-5080

OVER 21

THE ARC OF ESSEX COUNTY