

## Medicaid for People with Intellectual and Developmental Disabilities (IDD) in New Jersey

**NJ FamilyCare**, the state Medicaid program in New Jersey, ensures that over **1.8 million New Jerseyans** have access to health insurance and long term care. This includes over **300,000** older adults and people with disabilities. NJ FamilyCare has an annual budget of **\$24 billion**, with **\$14 billion** paid by the federal government.

### NJ FamilyCare services include:

- Hospital Care
- Physician (Primary Care, Specialty, Dental)
- Prescription Drugs
- Long-term nursing care, in nursing facilities and the community (*NJ FamilyCare is the primary payer, not covered by Medicare*)
- Behavioral health, including services for those with serious mental illness
- **Community-based services for individuals with IDD**

NJ FamilyCare must cover **mandatory** benefits, such as physician services, inpatient and outpatient hospital services, laboratory and X-ray services, and Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) services. States may choose to also cover **optional** Medicaid benefits. **Many individuals with IDD benefit from optional benefits available through NJ FamilyCare, including:**

- Private Duty Nursing (PDN)
- Personal Care Assistance (PCA)
- Personal Preference Program (PPP)
- Home and Community Based Services (HCBS)
- Dental services, eyeglasses, prescription drugs, and occupational and physical therapy.

States can also seek flexibility in the design of their Medicaid programs through “waivers,” approved by the Centers for Medicare & Medicaid Services (CMS). These waivers can help “waive” certain rules and allow states to extend Medicaid eligibility and unique benefits to certain groups of people. The **NJ FamilyCare 1115 Comprehensive Demonstration** allows the state flexibility to test new or existing approaches to financing and delivering Medicaid. States must apply or renew their Medicaid waivers, through CMS.

**New Jersey Medicaid waiver programs include the **Supports Program** and **Community Care Program**, through the Division of Developmental Disabilities (DDD).** Through enrollment in one of these programs, individuals with IDD can receive HCBS, based on their assessed needs and an individualized budget. **Managed Long Term Services and Supports (MLTSS)** is another Medicaid waiver for children and adults to access PDN and comprehensive support services when individuals require a skilled level of clinical care. MLTSS enables these services to be accessed in the home and community, instead of an institution.