



Medicaid and CSOC Services for Children with IDD

The Arc of New Jersey
arcnj.org

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The Arc of New Jersey

- The state's largest organization advocating for children and adults with intellectual and developmental disabilities (IDD) and their families.
- Affiliated chapter of our national organization, The Arc of the United States.
- Community-based, direct support services available statewide through our strong network of 20 local chapters across all 21 counties.
- Primarily an advocacy organization, conducting public policy work, community outreach, and information and referral services.



The Arc of New Jersey

- Our programs include:
 - Project HIRE
 - The NJ Self-Advocacy Project
 - The Criminal Justice Advocacy Program
 - Health Care Advocacy
 - Training & Consultation Services
 - Children's Advocacy
 - The Family Institute
 - NJ Camp Jaycee



Health Care Advocacy

- Promotes quality health care for people with IDD throughout the state.
- The program directly serves individuals and their families, while collaborating with other disability professionals, state agencies, and medical experts.
- Offers individual and systems advocacy on many topics including Medicaid, Social Security, Medicare, Disabled Adult Child (DAC) status, and oral health and dental care.

Medicaid



NJ FamilyCare (NJFC) Medicaid

- Many individuals with intellectual and/or developmental disabilities (IDD) enroll in Medicaid at age 18 by:
 - Applying for Social Security Supplemental Security Income (SSI); or
 - Applying for Medicaid coverage
- SSI eligibility provides automatic Medicaid coverage - no separate application required.
- NJFC is the state Medicaid program.
- Medicaid eligibility is required to receive services through the Division of Developmental Disabilities (DDD).



Children's Health Insurance Program (CHIP)

- NJFC Medicaid includes CHIP for eligible children.
- **“Cover All Kids”** - state initiative to ensure that all children under age 19 have health insurance.
- CHIP eligibility based on income and household size.
 - Larger households can have higher monthly income.
- Income limits are based on the Federal Poverty Level (FPL) % - changes each year.
- Immigration status does not matter for children under 19.

Income Chart effective January 1, 2025

1-800-701-0710

TTY: 711

www.njfamilycare.org

FAMILY SIZE *	Adult(s) (Age 19-64)	Plan First** (Family Planning)	NJSPCP** & Pregnant Women (Any Age)	Children (Under Age 19)								
				Federal Poverty Level % (FPL)								
				0 - 138%	> 138 - 205%	0 - 205%	0 - 147%	> 147 - 150%	> 150 - 200%	> 200 - 250%	> 250 - 300%	> 300 - 355%
				Maximum Monthly Income								
1	\$1,800	\$2,674	\$2,674	\$1,918	\$1,957	\$2,609	\$3,261	\$3,913	\$4,630			
2	\$2,433	\$3,614	\$3,614	\$2,591	\$2,644	\$3,525	\$4,407	\$5,288	\$6,257			
3	\$3,065	\$4,553	\$4,553	\$3,265	\$3,332	\$4,442	\$5,553	\$6,663	\$7,884			
4	\$3,698	\$5,493	\$5,493	\$3,939	\$4,019	\$5,359	\$6,698	\$8,038	\$9,512			
5	\$4,330	\$6,432	\$6,432	\$4,613	\$4,707	\$6,275	\$7,844	\$9,413	\$11,139			
6	\$4,963	\$7,372	\$7,372	\$5,286	\$5,394	\$7,192	\$8,990	\$10,788	\$12,766			
Each Additional	\$633	\$940	\$940	\$674	\$688	\$917	\$1,146	\$1,375	\$1,628			
Monthly Premium	No premium	No premium	No premium	No premium	No premium	No premium	No premium	No premium	No premium			
Copayments	No copay	No copay	No copay	No copay	No copay	\$5 - \$10	\$5 - \$35	\$5 - \$35	\$5 - \$35			

* The size of your family may be determined by the **total number** of parent(s) or caretaker(s), and all blood-related children under the age of 21 who are **tax dependent**, as well as any **other tax dependent** residing in the home.

** Plan First and NJSPCP do not meet the minimum essential health care coverage requirement.



CHIP Eligibility

- If a child has no health insurance, the household may earn up to **355%** of the FPL.
- If a child has other health insurance, household income is more limited, up to **147%** of the FPL.
 - For example, a child with private health insurance coverage through a parent's employer.
- Can apply online, visit the NJFC website: njfamilycare.dhs.state.nj.us/
- Questions? Call **1-800-701-0710**.



Medicaid Eligibility

- A child with IDD may not qualify for NJFC Medicaid if their household income is too high.
- **But, there are other possibilities for how a child may qualify for Medicaid:**
 - Managed Long Term Services and Supports (MLTSS) Waiver
 - Children's Support Services Program (CSSP) Waiver for Individuals with Severe Emotional Disturbance (SED)
 - Split Application Medicaid



MLTSS - Medicaid Waiver

- Refers to the delivery of long-term services and supports through the NJFC Medicaid managed care program.
- MLTSS includes:
 - Access to NJFC Plan A Benefits;
 - Care Management;
 - Home and Vehicle Modifications;
 - Home Delivered Meals;
 - Respite;
 - Personal Emergency Response Systems;
 - Mental Health and Addiction Services;
 - Assisted Living;
 - Community Residential Services;
 - Nursing Home Care.



MLTSS (cont.)

- Child with IDD (birth - age 20) may qualify if they have severe functional limitations and/or developmental delays and require nursing care, beyond “routine parenting,” that meets the criteria for skilled nursing care and intervention 24 hours/day, 7 days/week.
- Contact the **Division of Disabilities Services (DDS)** at **1-888-285-3036** to speak with an information and referral specialist.
- If the child meets clinical criteria, parental income and resources are not counted towards the child’s financial eligibility. Instead, the child:
 - **Must have income below \$2,901.**
 - **Must have resources below \$2,000.**
- Includes a 5 year lookback on the applicant’s income and resources.



CSSP SED - Medicaid Waiver


- Medicaid waiver authorized under NJ's 1115 Comprehensive Waiver Demonstration.
- Youth that have IDD and **Serious Emotional Disturbance (SED)**.
- Allows parental income to be disregarded in assessing the child's financial eligibility.
- County Care Management Organizations (CMOs) available to assist families with completing a Medicaid Aged, Blind, Disabled (ABD) application and help determine waiver eligibility.
- See here: performcare.nj.org/provider/cmoproviders.aspx



Split Application Medicaid



- Families where a child with a disability has at least one sibling without a disability.
- Parental income is “deemed” to the sibling so that the child with a disability may be able to qualify for Medicaid.
- Medicaid must ensure the child cannot qualify for Medicaid any other way.
- Family resources must be about \$6,000; child cannot have resources exceeding \$4,000 or income over \$1,305/month.
- A rare Medicaid pathway for children with IDD; many families have income and resources too high.

Split Application Medicaid Fact Sheet



Split Application Medicaid

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What is Split Application Medicaid?

- A form of Medicaid through which a child with a disability may be covered, despite their parents' financial ineligibility under normal circumstances, if the child has a sibling without a disability.

How does Split Application Medicaid work?

- Typically Medicaid "deems" parents' income to each child, so in the event that the parents make more money than allowed under Medicaid, the child also becomes ineligible.*
- With the Split Application, parental income is only deemed to the child without a disability, thus, the child with a disability can meet the eligibility requirements for NJ FamilyCare/Medicaid, provided the child does not have income of their own that exceeds income limits.

**Deems in this context of Medicaid means that parental income is considered as the child's income, regardless of whether or not the parents actually allocate income to their child.*

How to apply for Split Application Medicaid?

- Parents must contact their local county **Board of Social Services**. Be sure to explain that you have a child with a disability and a child without a disability and you would like to apply for a "companion case" or make a split application.*
- The parents need to apply for both children under the **Medically Needy Program**. The child without a disability applies under this program while the child with a disability applies under NJ FamilyCare/Medicaid. The Division of Medical Assistance and Health Services (DMAHS) examines the child's disability, consistent with Social Security standards.

**Intake workers are not always familiar with this form of Medicaid, so please do not hesitate to request a supervisor if the intake worker is unsure of how to proceed.*

The Arc of New Jersey Health Care Advocacy

December 2023



CSOC Medicaid

- There can be confusion if a child has Medicaid through the **Children's System of Care (CSOC)**.
 - Not the same as NJFC or ABD Medicaid that provides comprehensive healthcare coverage!
- While a family is involved with CSOC, the child must have Medicaid.
- If they do not qualify for NJFC Medicaid, an application is submitted for “**3560 Medicaid**” by the CMO or Mobile Response and Stabilization Services (MRSS).
- **Medicaid look alike coverage authorized for a youth with IDD receiving services through CSOC who are not otherwise NJFC eligible.**



CSOC Medicaid (cont.)

- The 3560 Medicaid is not the same as regular NJFC or ABD Medicaid.
- No NJFC medical benefits associated with the 3560 package.
- In these situations, the 3560 allows for the service to be billed through the Medicaid system for CSOC provider reimbursement.
- Later, when the youth is a young adult turning age 18, prioritize applying for “adult” Medicaid by submitting an SSI application or applying to NJFC.
- 3560 Medicaid is not applicable for DDD.

Children's System of Care (CSOC)

Children's Advocacy



Mission:

- This program connects children with IDD to the appropriate state services that will help them develop and achieve long term goals. The program works directly with children and families, state agencies, and members of the New Jersey Legislature.
- To provide individual and systems advocacy related to Early Intervention (EI), the Children's System of Care (CSOC) and PerformCare, special education, and related services

Children's System of Care

Call
PerformCare at
(877) 652-7624

- Available for individuals age 5-21. Children with IDD may be eligible at age 3.
- Serves individuals with:
 - Emotional and mental health challenges
 - Behavioral health needs
 - Substance abuse problems
 - Intellectual and developmental disabilities (IDD)
- The parent/guardian **MUST** make the call to PerformCare for a referral. Other individuals can assist through conference call, but the parent must speak to the Care Coordinator.
- Services include Intensive In-Home (IIH) services, Respite, Assistive Technology, Summer Camp, Out-of-Home treatment.
- **Either the parent or child must be a U.S. citizen, but citizenship is not required for both.**

System Partners

Care
Management
Organizations
(CMO)

Family Support
Organizations
(FSO)

Children's
Interagency
Coordinating
Council (CIACC)

System Structure



Department of Children and Families (DCF)

Children's System of Care (CSOC)

Division of Child Protection and
Permanency (DCPP)

PerformCare

CMO

FSO

Mobile Response and
Stabilization (MRSS)

A Closer Look at the PerformCare Structure



Care Management Organization (CMO)

County-based organizations that offer full-service planning for youth and their families who have complex needs. The CMO staff sets up the Child/Family Team meetings and creates service plans for each youth and their family. The CMO is the organization that coordinates the organization and delivery of services.

A Closer Look at the PerformCare Structure



Mobile Response and Stabilization Services (MRSS)

Offers emergency services 24/7 to youth and families in the community, within one hour of being contacted. The goal of services is to help calm and stabilize the youth so they can remain in the home.

Family Support Organization (FSO)

County-based organizations run by families providing peer support, education, and advocacy.

Exploring CSOC Services



Intensive In-Home Services

Assist youth with challenging behaviors that may impact their ability to remain at home.

- Critical and therapeutic interventions
- Applied Behavior Analysis (ABA)
- Individual Support Services

Family Support Services

Designed to maintain and enhance the quality of life of an individual and their family. An FSS application must be submitted separately.

- Respite
- Assistive Technology
- Educational Advocacy

Exploring the Services



Summer Camp Services

CSOC offers financial support for eligible youth to attend summer camp. It can be a specialized or mainstream camp, as long as the camp is a qualified provider through CSOC.

Out-of-Home Treatment

The goal is always to provide services to help keep a child at home and connected to their community, but sometimes out-of-home treatment are necessary for the safety of the child and/or family.

- Specialized Residential Treatment Units
- Psychiatric Community Residence
- Specialty Programs (SPEC)

Respite Services



Provides family members with a temporary break from regular caregiving responsibilities. Eligible families can choose one type of respite service from the following:

- Self-Hired
- Agency Hired
- After School
- Weekend
- Overnight

Maximum 90 hours per 90-day authorization period.

*Change effective 8/1/24

Summer Camp Services



- Financial Support for Camp
- One-to-One Aide Services

Completed applications for CSOC Summer Camp Services must be postmarked or received by PerformCare a specific date every year. Your application must be complete for the services requested for it to be considered.

Find our 2025 Summer Camp Guide and Camp Checklist on our website:

www.thearcfamilyinstitute.org

What Determines Eligibility?



Under 18

You can apply directly through PerformCare online, or request a paper application by calling 877-652-7624.

Over Age 18

For individuals over age 18, the Division of Developmental Disabilities (DDD) is responsible for determining eligibility. You can apply through DDD on their website or by calling 1-800-832-9173.

Behavioral Health

If your child also has a mental health diagnosis or is currently in crisis, the eligibility application is not required to access **behavioral health** services through the Children's System of Care (CSOC).



The Arc
of New Jersey

Division of Developmental Disabilities (DDD)



- Available for individuals with IDD ages 21 and older
- Families can apply at age 18
- If found eligible, the child will receive services through CSOC/PerformCare and transition to DDD at age 21
- To receive DDD services, an individual must:
 - Maintain Medicaid eligibility
 - Submit the DDD intake package
 - Establish that their primary residence is in New Jersey
- DDD determines if the individual meets the functional criteria using the New Jersey Comprehensive Assessment Tool (NJCAT)

DDD for 18-21 Year Olds



- As of April 2024
- For students who are not eligible to stay in school until 21 and have met all graduation requirements
- Should enroll if:
 - They are enrolled in higher education or trade school not funded by the DDD
 - Need support with “established competitive integrated employment”
- Should **not** enroll if you are seeking a DDD funded adult day habilitation program
- Contact the DDD at least 6 months prior to graduation



Contact

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