

# 31 MUSIC RESOURCES FOR INDIVIDUALS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

## MARCH 2026



MON	TUE	WED	THU	FRI	SAT	SUN
						<b>1</b> <a href="#">Blue Light Music Program Homepage</a>
<b>2</b> <a href="#">Blue Light Music Ages 6-20 Demo</a>	<b>3</b> <a href="#">Blue Light Music Ages 21+ Demo</a>	<b>4</b> <a href="#">Programs at Blue Light Music</a>	<b>5</b> <a href="#">Pricing Info at Blue Light</a>	<b>6</b> <a href="#">Studios of Blue Light Music</a>	<b>7</b> <a href="#">The Listening Room Podcasts</a>	<b>8</b> <a href="#">A Neurodiverse Journey in Music</a>
<b>9</b> <a href="#">Introduction to Music Therapy</a>	<b>10</b> <a href="#">Teaching Music to Students on the Autism Spectrum</a>	<b>11</b> <a href="#">Inclusive and accessible music-making with adaptive musical instruments</a>	<b>12</b> <a href="#">Music Teaching for Blind Children</a>	<b>13</b> <a href="#">Disabled people deserve the access and support to realise their musical ambitions</a>	<b>14</b> <a href="#">How Music Therapy Can Support Cognitive Skill Development</a>	<b>15</b> <a href="#">Musical Activities</a>
<b>16</b> <a href="#">8 Ideas for Using Music for Therapy and Exercise</a>	<b>17</b> <a href="#">Space Dance Class - Inclusive</a>	<b>18</b> <a href="#">Handy Handouts Musical Handouts</a>	<b>19</b> <a href="#">Music Game: Crank it Up</a>	<b>20</b> <a href="#">Music and Autism: Music Activities and Music Therapy</a>	<b>21</b> <a href="#">Prodigies Musical Activities</a>	<b>22</b> <a href="#">Music for Adults with Learning Disabilities</a>
<b>23</b> <a href="#">Chrome Music Lab</a>	<b>24</b> <a href="#">33 Music Therapy Activities, Interventions &amp; Tools</a>	<b>25</b> <a href="#">Activity: Sound Scavenger</a>	<b>26</b> <a href="#">Groove Pizza</a>	<b>27</b> <a href="#">Aumi</a>	<b>28</b> <a href="#">Music For Special Education</a>	<b>29</b> <a href="#">Special Needs Music Kits</a>
<b>30</b> <a href="#">Integrating Music into Family Life: Fun Activities to Do Together</a>	<b>31</b> <a href="#">Music Therapy For Adults With Developmental Disabilities</a>					

