Update for 2023 on the Medicare Drug Benefit for People Who Have Both Medicare and Medicaid (the Dual Eligibles)



In memory of Beverly Roberts
Former Director,
Mainstreaming Medical Care
The Arc of New Jersey

Mary McGeary
Director, SHIP
NJ Division of Aging Services
November 13, 2023

About The Arc of New Jersey

- Largest advocacy and service organization for children and adults with intellectual and developmental disabilities and their families.
- Founded in 1949 by families of individuals with IDD and remains today a consumer and family driven organization.
- Serve the entire state of New Jersey through our Local County Chapters and our State Office Programs.
- In addition to our Programs, The Arc of New Jersey is highly involved in public policy, advocacy and governmental affairs activities.

What is a "Dual Eligible"?

- A dual eligible is a person who has both Medicaid and Medicare benefits.
- The federal term for a dual eligible is "Qualified Medicare Beneficiary" or QMB.
- Most dual eligibles receive their prescription drugs from Medicare Part D – not from Medicaid.
 - The exception is dual eligibles who also have private health insurance, usually through a parent's employer.

Dual Eligibles – FAQs

"Understanding what happens when a person with IDD who receives Medicaid becomes eligible for Medicare."

The Arc of NJ has distributed Frequently Asked Questions (FAQs) to respond to the questions that families often ask.

The questions and answers are divided into three sections:

FAQ- Dual Eligibles General Information

FAQ- Dual Eligibles and Prescription Medication

FAQ- Dual Eligibles and Special Needs Plans (D-SNPs)

Available at www.mainstreamingmedicalcare.org, under the Dual Eligibles Section

If individual with Medicare and Medicaid also has private health insurance...

- Usually not permitted to have drug coverage from both private health insurance and Medicare Part D.
- If private health insurance drug coverage is as good as (or better than) Medicare Part D, employer should provide a letter of "creditable coverage." <u>Opt out/Disenroll from</u> <u>Medicare Part D.</u>
- When a dual eligible also has private health insurance (and is not enrolled in Medicare Part D), NJ Medicaid should continue to cover the drug co-pay costs.
- If your pharmacy needs help billing both your private drug plan and Medicaid, call NJ Medicaid Pharmacy Unit for help at 609-588-2732.

Dual Eligibles – Don't have a Dec. 7th Deadline to Enroll in New Medicare Drug Plan

- Dual eligibles are not "locked in" to the same drug plan all year. The December 7th enrollment deadlines that are announced in marketing materials and on TV don't apply.
- Dual eligible are permitted to change drug plans one time in each quarter of the year.

Federal Oversight for the Medicare Drug Benefit

- The Medicare prescription drug benefit is called Medicare Part D.
- The federal agency that has authority over all aspects of Medicare – including Medicare Part D – is the Centers for Medicare and Medicaid Services (CMS).

Important Terms

- Low Income Subsidy (LIS), also called Part D "Extra Help": Medicare beneficiaries with limited income and resources may qualify for extra help, in the form of a Low Income Subsidy (LIS), to pay for prescription drug costs.
- Dual eligibles are automatically eligible for the LIS.

Important Terms (cont.)

- Prior Authorization: Approval that your prescriber must get from a Medicare drug plan in order for the prescription to be covered by the plan. Only certain drugs need PA, and it differs from plan to plan.
- Step Therapy: The practice of beginning drug therapy for a medical condition with the most cost-effective drug, and progressing to more costly drug therapy only if necessary; the primary goal is cost-containment. This requirement may be waived if prescriber can show medical necessity.

Important Terms (cont.)

 Quantity Limits: For safety and cost reasons, a drug plan may limit the amount of pills that they cover for a particular drug. With the physician's documentation of medical necessity, this requirement may be waived.

The 2024 MEDICARE PART D Information for New Jersey's Dual Eligibles

What is a "Benchmark" Drug Plan?

- The Medicare drug plans do require a monthly fee. However, for the dual eligibles, that fee is subsidized by CMS up to a specific amount (which is known as the benchmark).
 - Benchmark premium for 2024 in NJ is \$45.51
- When a dual eligible enrolls in a benchmark drug plan, there is no monthly premium fee.
- There are two types of drug plans: <u>Basic</u> and <u>Enhanced</u>, but only the Basic plans can qualify as benchmark plans.

Overview of Medicare Benchmark Drug Plans for NJ's Dual Eligibles

Benchmark Plan in 2023	Benchmark in 2024?	
AARP Medicare Rx Saver	NO	
Cigna Secure Rx	NO	
Clear Spring Health Value Rx	Yes	
Humana Basic Rx	NO	
Aetna's Silverscript Choice	NO	
Wellcare Classic Rx	Yes	

Drug Plan Performance Rating

- The CMS ratings for NJ's drug plans range from a high of 3.5 stars to a low of 1.5 stars.
- If a drug plan has a low rating of 2.5 stars for 3 years in a row, CMS views it as a "low performing plan"

Clear Spring Health Part D Plan has rating of 1.5 stars

- Low performance rating 3 years in a row
- Has warning sign on website
- CMS issued sanction 11/1/23



- Cannot accept new members for 2024
- CMS will send letters to current members informing of Low Performance
- CMS will allow all members to leave the plan anytime in 2024

Blue Reassignment Letter

- Some dual eligibles are enrolled in a drug plan that CMS enrolled them in. It was \$0 premium in 2023 but will not a benchmark plan in 2024.
- CMS sends a BLUE colored letter to these dual eligibles, to let them know they will be moved to another plan for 1/1/2024.
- Since only one benchmark plan is available for 2024 in NJ, members will be moved to Wellcare Classic.
- A second BLUE letter will be sent in December to inform member of the plan formulary.

Tan "Choosers" Letter

- Some dual eligibles are currently enrolled in a drug plan that is <u>not</u> a benchmark plan, or that the consumer enrolled themselves into the current plan.
- They may be paying a monthly premium fee for this plan.
- CMS sends a tan colored letter to these dual eligibles, to let them know they can switch to a \$0 benchmark plan or stay in the same drug plan and pay a monthly fee in 2024.
 - Changing to a benchmark drug plan is not required.

Overview of Medicare Benchmark Drug Plans for NJ's Dual Eligibles

Benchmark Plan in 2023	Benchmark in 2024?	Subsidized Premium if stay in this plan
AARP Medicare Rx Saver	NO	\$22.90
Cigna Secure Rx	NO	\$15.10
Clear Spring Health Value Rx	Yes	\$0
Humana Basic Rx	NO	\$13
Aetna's Silverscript Choice	NO	\$7.60
Wellcare Classic Rx	Yes	\$0

Why Would Dual Eligibles Select a Non-Benchmark Drug Plan?

- If a dual eligible needs a medication not available on the formulary of benchmark drug plans, but it is available in non-benchmark plan – it may be more cost-effective to pay a relatively low monthly premium to get the needed medications.
- This decision must be made on an individual basis.
- NJ Division of Aging Services has chart of all Part D drug plans on its website.
 - The chart shows the monthly premium fees for NJ's nonbenchmark drug plans in 2024 in the column with the heading "Premium with Medicaid."

2024 MEDICARE PART D STAND-ALONE PRESCRIPTION DRUG PLANS IN NEW JERSEY

Data as of November 8, 2023

Company Name	Plan Name	Benefit Type	Premium with Medicaid or JS/Extra Help	2024 Premium	Annual Drug Deductible	Additional Coverage Offered in the Gap	Contract ID	Plan ID	Plan's Performance Rating*	\$0 premium with NJ PAAD	Preferred Pharmacy Chains**
UnitedHealthcare	AARP Medicare Rx Walgreens from UHC	Enhanced	\$8.70	\$ 54.20	\$410 \$0 deduct for Tier 1 drugs	Covers Tier 1 in the Gap	85921	386	3 stars	PAAD pays the premium and enrolls	Walgreens and Mail Order
1-888-867-5564 aarpmedicarerx.com National Plan	AARP Medicare Rx Basic from UHC (formerly called AARP Medicare Rx Saver)	Besic	\$22.90	\$68.40	\$54 5	No Additional Gap Coverage	85921	349	3 stars	PAAD pays the premium and enroils	Waigreens, Waimart and Mail order
	AARP Medicare Rx Preferred from UHC	Enhanced	\$60.50	\$106.00	\$0	No Additional Gap Coverage	85820	003	3.6 stars		Waigreens, Waimart and Mail order
	Cigna Saver Rx	Enhanced	\$15.80	\$16.80	\$545 \$0 deduct for Tier 1 & Tier 2 drugs	No Additional Gap Coverage	85617	354	2.6 stars	PAAD pays the premium and enroils	Rite Ald, Waigreens, Walmart, Mail Order
Cigna 1-800-735-1459 cignamedicarerx.com	Cigna Extra Rx	Enhanced	\$56.90	\$ 102.40	\$145 \$0 deduct for Tiers 1, 2, 3	Covers Tiers 1 & 2 in the Gap	95617	249	2.6 sters		Rite Aid, Waigreens, Waimart, Mail Order
National Plan	Cigna Secure Rx	Besic	\$15.10	\$60.60	\$54 5	No Additional Gap Coverage	85617	018	2.6 sters	PAAD pays the premium and enroils	Rite Ald, Waigreens, Walmart, Mail Order

How To Get Drug Coverage if Terminated From Drug Plan

- Ask the pharmacist to enroll the dual eligible in LINET: Limited Income Newly Eligible Transition Program, with Humana.
- This process allows pharmacist to enroll dual eligible (or other Low Income Subsidy person) into a temporary Part D plan (LINET Humana) in order to get medications immediately.
- This process is also for dual eligibles NEW to Medicare Part D who are not yet auto-enrolled.
- If pharmacists need help with LINET enrollment, they can call 800-783-1307, ext. 1.

Medicare Part D Co-Pays for Dual Eligibles

- Dual eligibles receiving DDD services have either Supports or the Community Care Program (CCP). They have a \$0 co-pay for Medicare Part D drugs.
- A dual eligible receiving Managed Long-Term Services and Supports (MLTSS) will have \$0 copay for Part drugs.
- If a dual eligible does not receive DDD services: Drug co-pays for 2024 will be \$1.55 for each generic and \$4.60 for each brand name drug.

Low Income Subsidy Level	2024 Copays for Drugs on Part D Plan Formulary	
LIS Level 3 Duals (people with Medicare and full Medicaid) who also Iive in nursing home or Assisted Living, or have MLTSS, or on other Medicaid Waiver (CCP) or Enrolled in a DSNP plan	\$0	
LIS Level 2 Duals with full Medicaid Benefits	\$1.55 generics \$4.60 brand names	
 LIS Level 1 Help paying Part B premium (SLMB, QI or QMB); Duals on Workability NJ Family Care Those who approved for LIS via SSA 	\$4.50 generics \$11.20 brand names (\$7 brand names if also have PAAD)	

Transition Policy

- For the first 90 days of 2024, CMS expects all Part D plans to cover one 30-day fill for drugs which the member is currently taking that are either:
 - a) not on the formulary, or
 - b) are on the formulary but require prior authorization or step therapy
- Pharmacist should print out a message from drug plan at the point of sale, saying this is a one-time transition fill.
- CMS requires the Part D plans to send written notice to each enrollee who receives a transition fill, within 3 business days.

Formulary Changes that May Affect <u>All</u> Dual Eligibles

- Every year, in January, Medicare drug plans are permitted to change their formulary (the list of drugs they pay for)
- Many plans are dropping coverage for brand name drugs that treat mental health problems. Consumers who must take brand name drugs (such as Carbatrol, Keppra XR, Clozaril & Depakote) should check to see if their plan will continue to cover it. If not, and if they can't take a generic, they will need to submit an exception request.
- Caregivers should find out if the enrollee's current prescription drugs will still be covered in 2024.

No "lock-in" For Dual Eligibles!

- Dual eligibles are not "locked in" to a Medicare drug plan.
- If dual eligibles want to switch drug plans and they don't do it in 2023, they can switch next year.
 Please note: Drug plans can be switched just one time each calendar quarter.
- Drug plan changes are always effective the first day of the next month.

New Enrollees Will Get Drug Plan Identification Cards

 People who are enrolling in a new Medicare drug plan should look for the new drug plan ID card in the mail.

Bring the new ID card to the pharmacy.

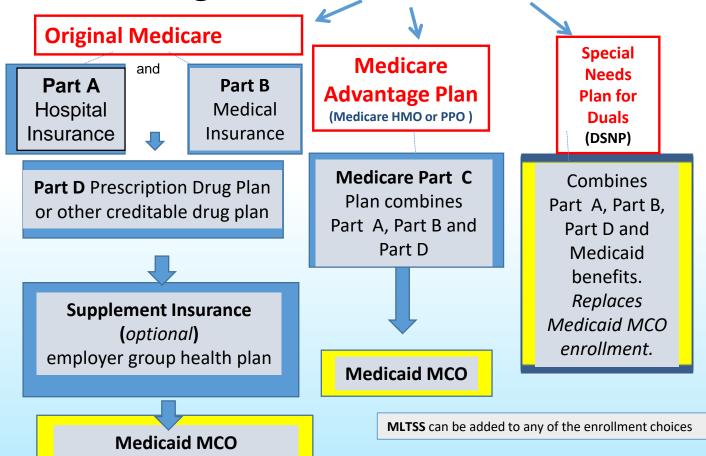
Consumer's Pharmacy Must Be Affiliated with the Drug Plan's Network

- Before switching to a new Medicare drug plan, check with your pharmacy to be certain that it is affiliated with the new drug plan.
- Most of the major pharmacy chains are affiliated with all of the Medicare drug plans.
- Small pharmacies may not have as many affiliations.

Aspects of Medicare Part D That Do Not Apply to the Dual Eligibles

- Monthly premium fees
 - As long as consumer is enrolled in a benchmark plan, there is no premium fee
- The "Donut Hole" doesn't exist for dual eligibles.
- No deductibles.
- Drug tiers
 - As long as a drug is on the formulary, it does not matter which tier it is on
- Preferred Pharmacies
 - > You do not need to use the drug plan's preferred pharmacy.

Dual Eligible's Enrollment Choices



New Jersey Dual Eligible Special Needs Plans: D-SNPs

Also called FIDE-SNPs: Fully Integrated Dual Eligible Special Needs Plans

ENROLLMENT IS VOLUNTARY

Voluntary enrollment in Medicare HMO D-SNP

- Dual eligibles may enroll voluntarily in a Medicare managed care D-SNP at any time. Enrollees do not receive any bills when using in-network providers.
- If thinking about joining a D-SNP:
 - Network of doctors, hospitals & prescription drugs are through the D-SNP. **Must** use that provider network.
 - If enrolled in D-SNP and go to out-of-network provider dual eligible will be charged the full cost of the medical care provided.
 - Cannot be in a stand-alone drug plan if enrolled in a D-SNP. Check the D-SNP formulary before enrolling to be sure needed drugs are on the formulary.
 - Enrollees in D-SNP have a \$0 co-pay for prescription drugs.
 - ➤ Plans offer Extra benefits such as spending card for over-the —counter health items, or groceries.

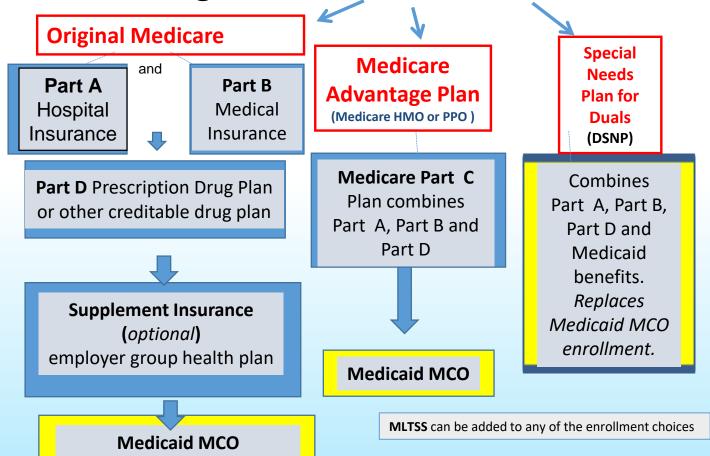
If enrolled in a Medicare D-SNP and want to disenroll...

- Can disenroll from D-SNP by calling 1-800-Medicare to disenroll. Will then be in "Original" Medicare, and a Medicaid HMO. Will also need to select a Part D drug plan.
- You may need to wait to disensell until the next calendar quarter under restrictions which only allow one enrollment change per quarter.

Medicare D-SNP Special Enrollment for Misleading Marketing

- If there is a special circumstance, a dual eligible can change more than once in a quarter, including disenrolling from a D-SNP more quickly.
 - Example: If the dual eligible or caregiver was misled into joining the D-SNP because the agent gave false information, CMS will allow the enrollee to disenroll before the next quarter begins.

Dual Eligible's Enrollment Choices



Why enroll in Medicare Advantage Plan instead of stay with Original Medicare?

- Maybe you cannot find providers/specialists willing to treat the Medicare consumer because they also have Medicaid AND
 - You are not satisfied with the Medicaid provider options.
- Maybe you want some of the "extra" benefits offered by some of the plans such as debit card for buying things like aspirin or cold medicine.
- Maybe you cannot afford the drug copays of \$1.55/\$4.60 and need to lower it to \$0 that the D-SNP plans offer.

Caution Regarding Copays in Medicare Advantage Plans

- Although dual eligibles enrolled in Medicare Advantage plans are <u>not</u> required to pay innetwork doctor or other medical service copays, in practice, co-pays are often charged.
- It is difficult to convince some medical providers that co-pays should be waived for dual eligibles,
- Call the plan or Medicare to complain about any providers charging copays to a dual eligible who has QMB status (Qualified Medicare Beneficiary).

Which is better- Medicare Advantage Plan or Special Needs Plan?

- Depends on the NETWORK of providers you want to use
- For a dual, start by looking at the D-SNP plans.
 - Easier to use the providers because all agree to treat duals
 - ONE network to navigate
 - ID card shows \$0 copays for medical services
 - All covered drugs have \$0 copay
 - CAUTION- if have MLTSS with your Medicaid MCO, will be assigned a different care manager if switch to the MCO's DSNP plan.
- If not happy with DSNP network of providers or formulary of drugs, then look at Medicare Advantage Plan options.
 - Some MA plans have bigger network of providers than DSNP plans.





Navigating Medicare

HOW TO USE THE MEDICARE PLAN FINDER FOR DUAL ELIGIBLES

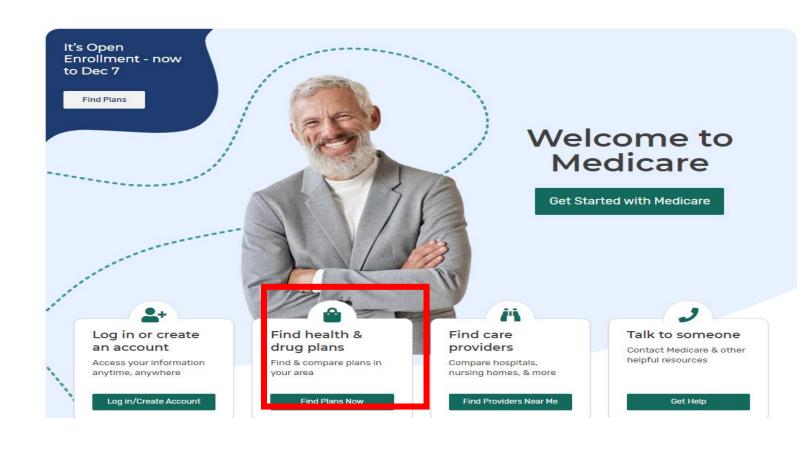
Mary McGeary
NJ SHIP Director
Division of Aging Services
NJ Department of Human Services

The ARC of NJ November 2023

Getting to the Drug Plan Finder

- Go to www.Medicare.gov
- Or call 1-800-Medicare
 - Customer Service Assistance for choosing a plan & enrolling
 - Available 24 hrs a day
 - Language Line Interpreters for 150 languages

www.Medicare.gov Homepage

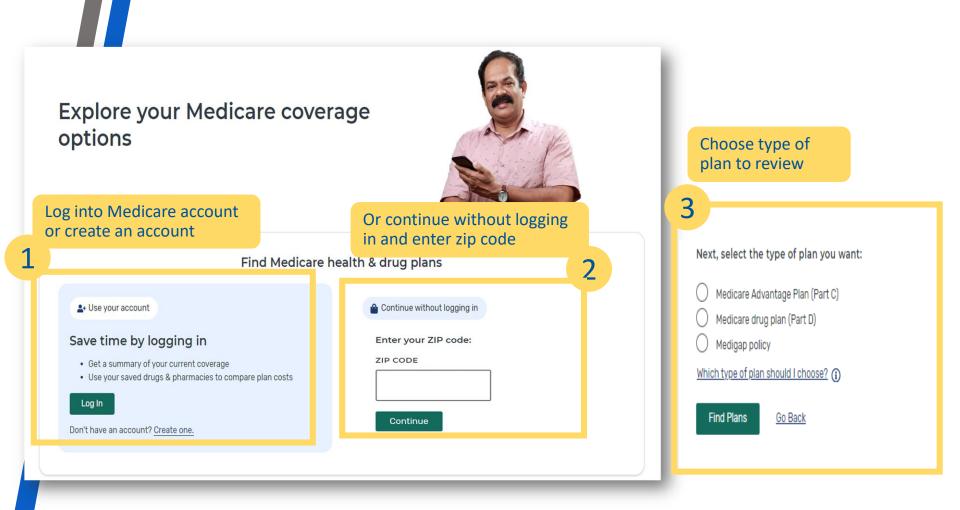


Getting Started: What You Will Need

- Consumer's zip code
- List of Consumer's prescription drugs with dose
- Pharmacy they use
- Does Consumer have a Medicare account?
- Other Helpful Information
 - Medicare card with Medicare number
 - Other Health Insurance cards
 - Subsidy eligibility (Medicaid, LIS, PAAD)

- 1. Enter Consumer Information
- 2. Enter drugs by name, dose and quantity
- 3. Select pharmacies
- 4. Review search results and compare plans
- 5. Review Plan Details
- 6. Save or print plan details
- 7. Enroll

Redesigned Medicare Plan Finder Home



September 2023 Medicare Plan Finder 45

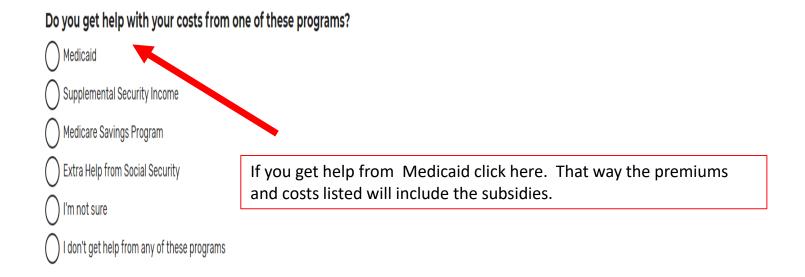
Things to Consider

Can't save drug list if you "continue without logging in"

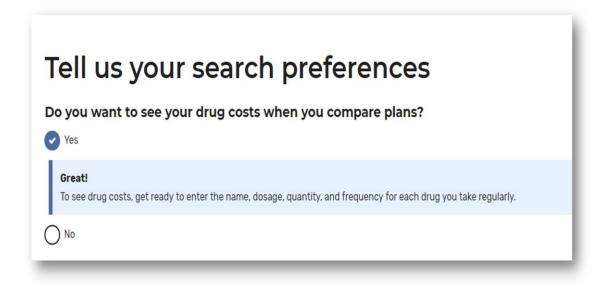
Will be able to see plan and coverage information to make an enrollment choice

- In order to save the drug list, you must login or create a Medicare Account
 - Doing this will show your drug list from prior year's claims
 - Doing this step will confirm consumer's level of "extra help"
 - You need to update it with any new drugs/dosages

Step One: Consumer Information Answer question about "extra help" to see subsidized premiums and copays

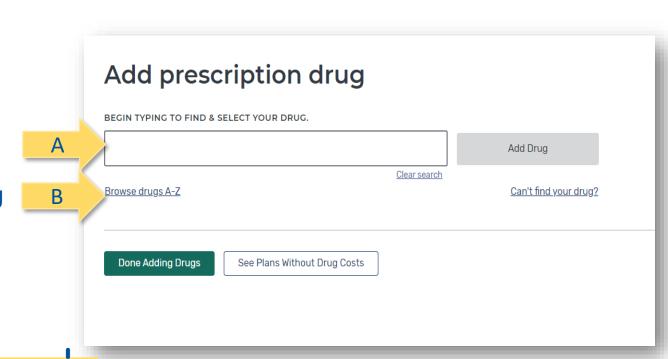


Always check "yes" if entering drugs



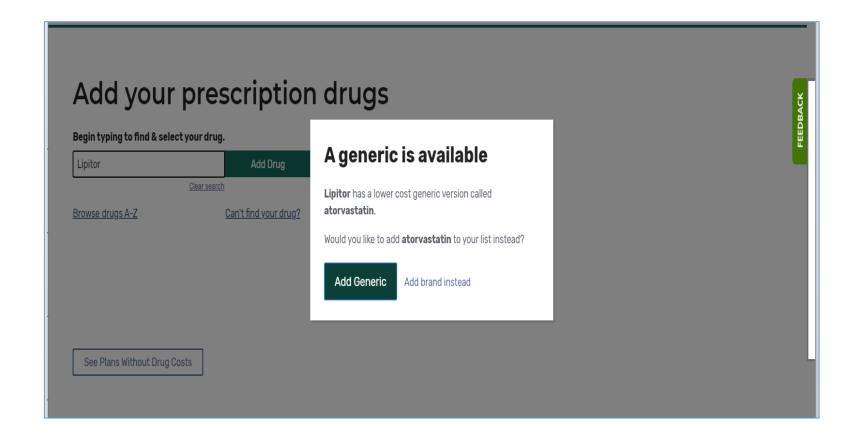
Step Two- Entering Drugs by name

- A. Type in the drug name in the box
- B. Or you can search for the name of drug by first letter

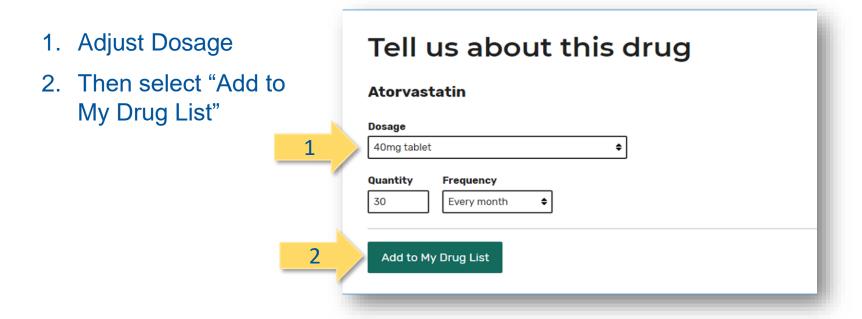


Don't enter over-the-counter drugs or drugs covered under Medicare Part B (Medical Insurance)

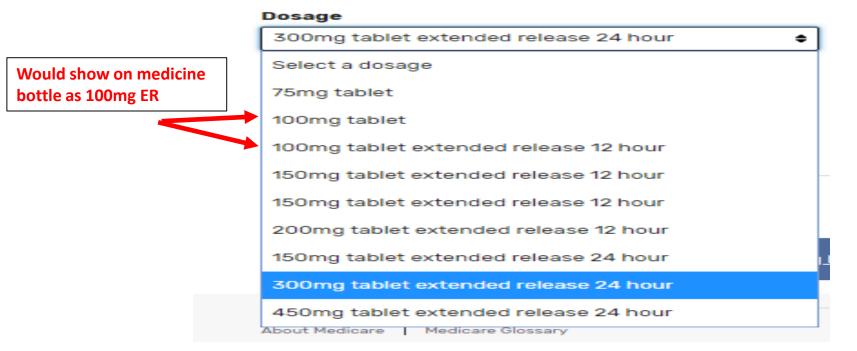
Pop Up Reminder: Generic or Brand Name Drug Used?



Enter the Drug Dosage

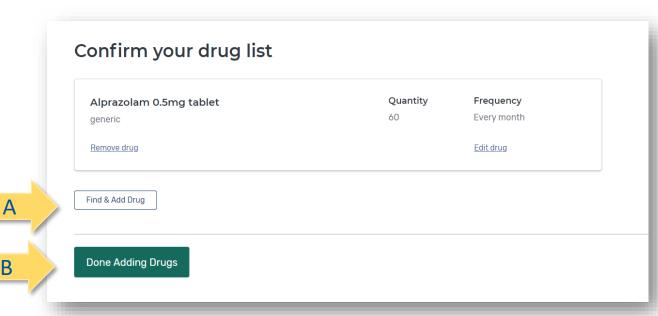


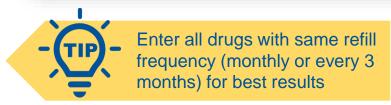
Bupropion hydrochloride



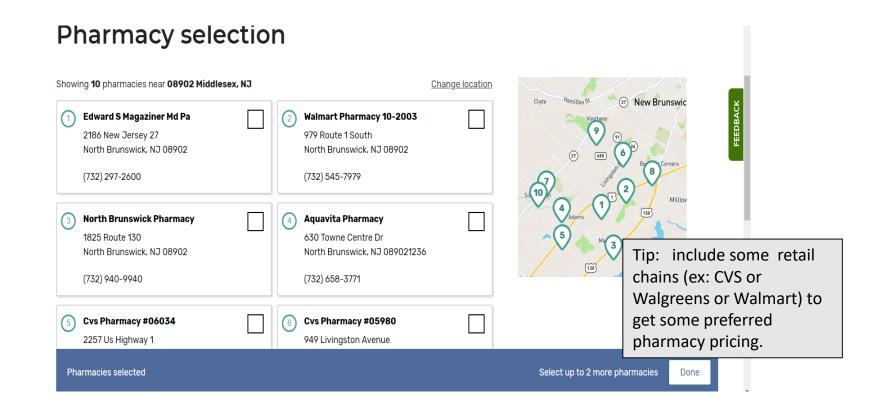
Add Additional Medications

- A. Select "Find and Add Drug" to add any additional medications
- B. Select "Done Adding Drugs" after all medications have been entered.





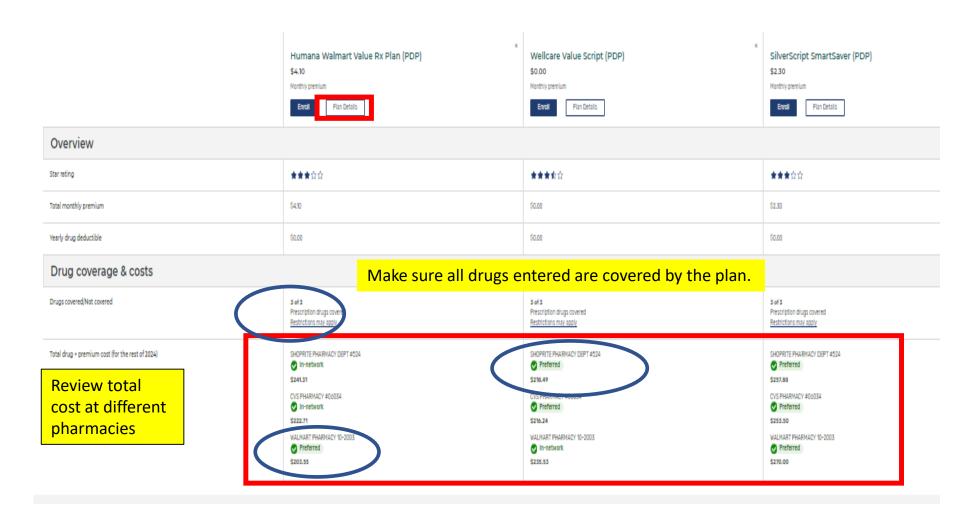
Step Three- Choose up to 5 local Pharmacies



Step Four: View Results

Wellcare Classic (PDP) Wellcare Plan ID: S4802-078-0 Star rating: ★★★☆☆		SORT PLANS BY	Lowest drug + premium cost	~	
\$0.00 Includes: Only drug cover	"Benchmark" plans w	vill show \$0 pro	emium		
\$232.97 Retail pharmacy: Esti	-				
\$0.00 Drug deductible					
Humana Wal Humana Plan ID: Star rating:		an (PDP)			
MONTHLY PREMIU	"Non-Bend	chmark" plans	will show a subsidi	zed premiun	
\$4.10 Includes: Only drug exterage TOTAL DRUG & PREMIUM COST (for the rest of 2024)					
\$203.55 Retail	\$203.55 Retail pharmacy: Estimated total drug + premium cost				
\$0.00 Drug ded	uctible				

Compare up to three plans side by side



IMPORTANT: When doing plan comparison with "general" search...

- If not creating or logging into a consumer's Medicare account:
- The drug copays listed will not be correct level of Extra Help
 - Copays listed will be \$4.50 for generics and \$11.20 for brand names
- A full dual eligible will actually be charged
 - √ \$1.55 or less for generic drug
 - √\$4.60 or less for brand name drug
 - **√\$0** if on CCP, Supports Program, or MLTSS

Step Five: View Plan Details Page Estimated Costs During Coverage Phases

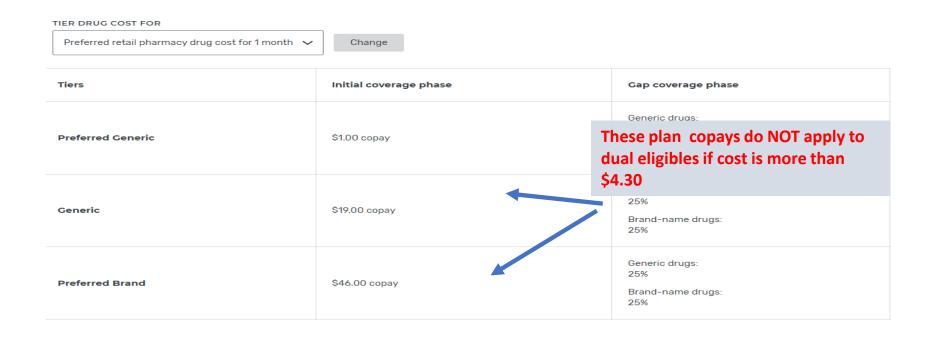
	Retail cost	Cost before deductible For mos	Cost after deductible t dual eligible cons not \$4.50	Cost in coverage gan sumers copay will for generics	Cost after coverage gap be \$1.55,
Allopurinol 300mg tablet	\$4.80	\$4.50	\$4.50	\$4.50	\$0.00
Eliquis 5mg tablet	\$527.41	\$11.20	\$11.20	\$11.20	\$0.00
Novolog 100unit/ml solution pen injector	\$525.60	\$11.20	al eligible consumo	\$11.20	\$0.00
Monthly totals	\$1,057.81	\$26.90	\$26.90	\$26.90	\$0.00

Sometimes Copays will be less than LIS standard amount

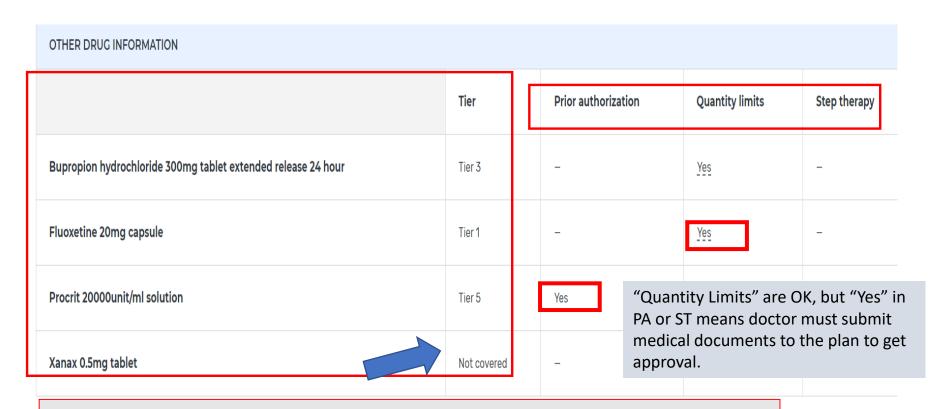
	Retail cost	Cost after deductible	Cost in coverage gap	Cost after coverage gap
Alprazolam 0.5mg tablet	\$8.65	\$4.15	\$2.16	\$0.00
Eliquis 5mg tablet	\$605.05	\$10.35	\$10.35	\$0.00
Humalog kwikpen 100unit/ml solution pen injector ^[1]	\$577.30	\$0.00	\$10.35	\$0.00
	1			

- 1. Copay <u>after deductible</u> will be plan's copay, or LIS copay, whichever is LESS.
- 2. Copay in coverage gap will be LIS copay or 25% of drug price, whichever is LESS.
- 3. Copay <u>after coverage</u> gap will be \$0.

Plan Details- Cost by Drug Tier



Plan Details- View Other Drug Information

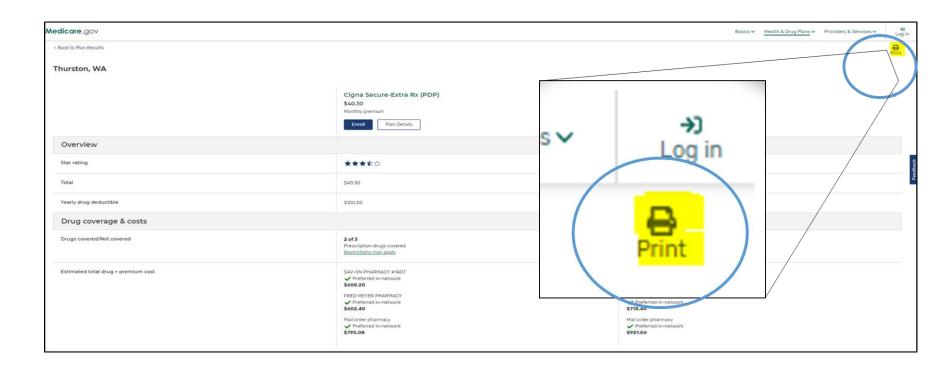


Drug Tier does not matter. But "Not Covered" means plan will not pay, and Medicaid will not pay.

Plan Details- Star Ratings

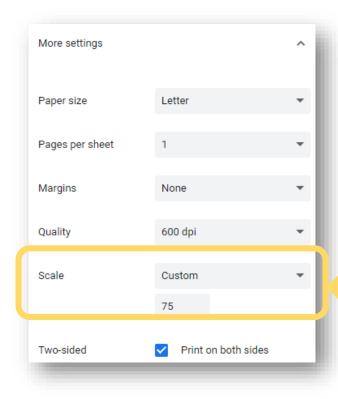
Star ratings	
Overall star rating Overall rating is based on the categories below.	★★☆☆☆
Drug plan star rating	
+ Drug plan customer service	★★★☆☆
+ Member complaints & changes in the drug plan's performance	★★★☆☆
+ Member experience with the drug plan	Plan too new to be measured
+ Drug safety & accuracy of drug pricing	***

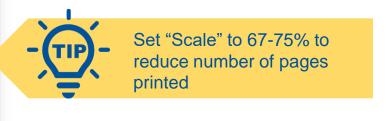
Step Six: Printing Plan Finder Results



Printing Tip: Set scale to about 67-75% to reduce number of pages printed.

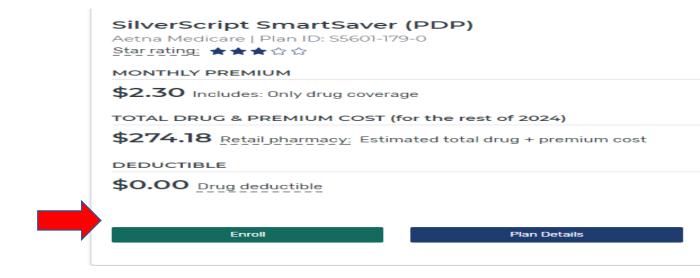
Tip for Printing Plan Finder Results





Step Seven: Enroll

- ENROLL buttons found on multiple pages
 - Plan Results Page
 - Top of Plan Details Page
 - Top of Plan Compare Page



Enrolling

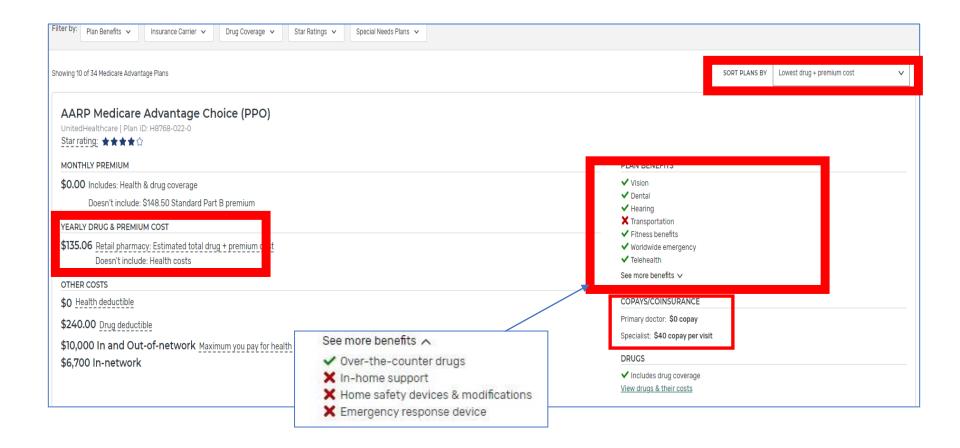
- Complete enrollment form
- When completed will get confirmation number-
 - print the page or copy the number for proof of enrollment.
- New Plan will start **January 1**st if enrolling during the OEP.
- No need to take action to disenroll from prior Part D or Medicare Advantage Plan

Reviewing Medicare Advantage Plans on Plan Finder

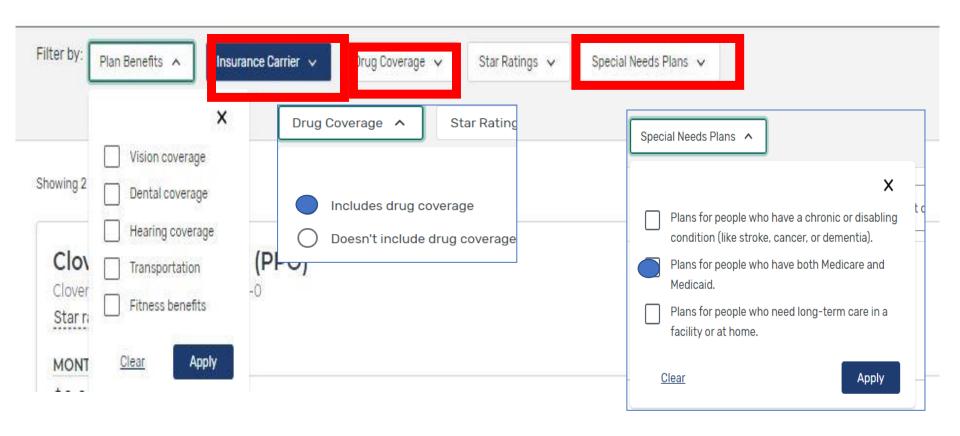
Switch to MA List from Part D Plan Search Results Page



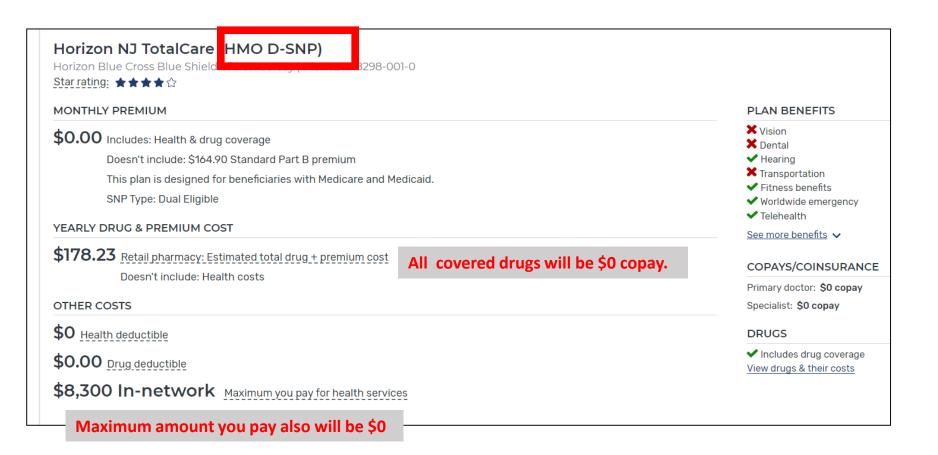
Medicare Advantage Plan Results Page



Filter Plan List if Desired



Special Needs Plans for Dual Eligibles



Remember- Can enroll in MA or DSNP plan anytime of year, but to disenroll may have to wait...

- Allowed <u>one</u> enrollment switch every calendar quarter.
- If enroll in MA or DSNP plan, may have to wait 2-3 months before can change it to another plan or go back to Oringinal Medicare
 - Example- Enroll in MA plan in January to start February 1st. If do not like it, cannot may a change until next quarter starts (April) with new plan taking effect May 1st.
 - <u>EXCEPTION-</u> if enroll in MA or DSNP plan based on misleading plan marketing or misleading info from an agent.

How to Obtain Answers for Medicare Questions

- NJ Division of Aging Services SHIP website
 - https://nj.gov/humanservices/doas/services/q-z/ship/
- Check the <u>www.Medicare.gov</u> website.
- Call 1-800-MEDICARE
- Create a <u>www.Medicare.gov</u> account to see Medicare enrollment status and claims.
- Call the current drug or health plan and speak with a customer service representative.
- Contact a SHIP counselor

State Health Insurance Assistance Program (SHIP) Telephone Numbers
SHIP HOTLINE: 1-800-792-8820

- 1
Telephone
888-426-9243
201-336-7413
856-456-1121 ext 146
856-858-3220
609-886-8138
856-453-2220
973-637-1717
856-468-1742
201-369-5280, Press 1, then ext. 4258
908-788-1361
609-695-6274 Ext. 215
732-777-1940 Ext. 1109
732-728-1331
973-784-4900 Ext. 3501
800-668-4899
973-569-4060
856-339-8622
908-704-6319
973-579-0555 Ext.1223
908-273-6999
908-475-6591

Thank you for joining us today.

