



The Arc Kohler Family Support Group

October 27th, 9-10AM

A group just for parents, caregivers and family members of children with special needs

This group meets monthly and is free and open to parents/caregivers in the greater Union County area. Topics covered may include managing emotions, self-care, relationships and building a support system as well as information on various programs and supports in the community.

All are welcome!

RSVP to Kara Sellix by October 26th, 2016 via phone or email: 908-518-0021 or ksellix@arckohlerschool.org

"Raising children is difficult and formidable work. Raising children with special needs is uniquely so. At times, the challenges seem overwhelming and even oppressive. But out of the struggles come victories, wisdom and understanding." -Robert A. Naseef, Ph.D.