



# How Can Self-Advocacy Benefit My Loved One with I/DD?

This webinar will be hosted by The Arc of New Jersey Family Institute and presented by a member of The Arc of New Jersey's Self-Advocacy Project team. The goal of this webinar is to provide information about New Jersey's thriving Self-Advocacy movement, including dates and locations of monthly meetings and events, as well as a discussion of the various ways Self-Advocacy skills can benefit people with intellectual and developmental disabilities at work, at school, and in the community.

About the Presenter: Ashley Ritchey, MSW, LSW, is a Training and Technical Assistance Specialist with The Arc of New Jersey's Self-Advocacy Project. Ms. Ritchey works closely with members of the New Jersey Statewide Self-Advocacy Network as an Advisor for local and regional Self-Advocacy groups throughout Central and Northern New Jersey. She develops and presents interactive workshops on a variety of topics related to legislative advocacy, human rights, healthy decision-making skills, and voting.



**Webinar**

**Tues.,  
Feb. 23**

**6:00 pm**

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