FIVE FAST FACTS FOR FRIDAY

Family Caregiver Alliance



- The mission of Family Caregiver Alliance (FCA) is to improve the quality of life for family caregivers and the people who receive their care. For over 40 years, FCA has provided services to family caregivers of adults with physical and cognitive impairments.
- Services include: assessment, care planning, direct care skills, wellness programs, respite services, and legal/financial consultation vouchers.
- Family Care Navigator through FCA helps family caregivers locate public, nonprofit, and private programs and services nearest to their loved one—living at home or in a residential facility. Resources include government health and disability programs, legal resources, disease-specific organizations and more.
 https://www.caregiver.org/state-list-views?field_state_tid=89
- If you are a caregiver seeking help call the toll-free number: 800.445.8106
- For more information visit about how FCA can help you visit: https://www.caregiver.org/about-fca

