



# **Self Advocacy: An Overview for Students, Parents and Teachers**

The ability to understand and communicate your needs and wants to others is a skill all people need. Individuals who know how to Self-Advocate are more likely to have a sense of control over their lives and feel more confident and competent. Join The Arc of New Jersey Family Institute as we discuss Self-Advocacy, how to promote it and tips for increasing parent and student involvement during an IEP meeting.

## **About the Presenter:**

Lisa Ford is the Director of The Arc of New Jersey Family Institute. Our goal is to help families find the tools and resources they need to navigate the system of care. We will do this by providing advocacy and education on services, transition and system issues, individual issues and so much more.



**Webinar**

**Thursday,  
Sept. 27**

**6:00 pm**

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NOW!**

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