

REGISTRATION FORM

One Registration Form must be completed in full for each **youth** participant.

You may register for this conference by:

- ☞ Phone . . . Ask for Debbie at 732-235-9287 -Or-
- ☞ Fax 732-235-5082 (fax This Registration sheet only) -Or-
- ☞ Email . . . Send Email registration request to
Deborah.Mosley@rutgers.edu

Please be sure to include all details as requested below for email registration.

There is no fee to attend this conference but pre-registration is required.

Youth Ages 13-21 are invited to attend. **Please Print Youth's Full Name:**

Name: _____

*Email: _____ County: _____

*Required for confirmation

Accompanying Adult - if you plan to join us for the conference day please provide your information below. **Please Print Adult Full Name:**

Name: _____

*Email: _____ Phone: _____

*Required for confirmation

Seating is limited. Registrations will be confirmed via email on a first come, first served basis. Please call 732-235-9287 for registration questions.

2018 Youth Conference

Empowering Youth Voice & Choice



SATURDAY, AUGUST 11, 2018

8:30 AM – 3:30 PM

Location: Rutgers University – Busch Campus Center
604 Bartholomew Road, Piscataway, NJ 08854

ADULTS PLEASE NOTE:

THIS CONFERENCE HAS LIMITED SEATING AND IS CREATED BY YOUTH FOR YOUTH. ADULTS WHO WISH TO BE PRESENT FOR THE DAY TO SUPPORT YOUTH MUST REGISTER ALONG WITH THEIR YOUTH, AND WILL BE ASKED TO NOT ATTEND WORKSHOPS, UNLESS THEIR PRESENCE IN THE WORKSHOP IS REQUESTED FOR SUPPORT PURPOSES BY A PARTICULAR YOUTH.

MORNING SESSIONS

1. **You're Not Different, But We're Not The Same**

This session will examine how many of life's challenges (emotional, social & health) impact your world. Together we can share coping skills and strategies to improve our ability to handle daily stressors in a safe & fun environment.

2. **LOL (Lessons On Life): It Ain't No Joke**

Learning skills to be successful and self-sufficient is a serious matter and can be challenging as you age out of the Children's System. This entertaining session will review life skills and lessons including budgeting, meal planning and cooking, saving for college, navigating the system, and more.

3. **Real Life Monopoly: Life Decisions**

The goal of monopoly is to become the wealthiest player. During this interactive workshop, you will be able to practice important life decision making about real life situations. Come have fun and gain a *wealth* of knowledge and skills.

4. **Sensory Space**

Drop in to our fun *Sensory Space* at any time during the day, for as short or long a time as you like, to explore ways your 7 senses can help you find comfort and contentment. This space will be enjoyable and pleasurable and will feature music, scents, tastes, textures, puzzles, books and hula hoops and more!

AFTERNOON SESSIONS

5. **Gurus Giving Great Guidance**

People with firsthand experiences will share how to help and uplift others by providing support and mentoring. Come learn about the Power of Language, Positivity and Peer Support. No cell phones allowed during workshop.

6. **WWW.BalanceThePower** (*Walk With Women*)

Women have fought hard to achieve equality in many facets of life. Learn about historic women past and present, and their amazing contributions. Discuss strategies to empower men and women to eradicate inequities and inequality.

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