

# Resources

The Family Institute offers a wealth of resources for families caring for a loved one with IDD.

## They include:

- **A Comprehensive Website**
- **Problem Intake Forms:** comprehensive intake forms for families and professionals, including specialized NJCAT and DDD forms
- **Podcasts:** explaining supports and services
- **Webinars:** live and archived on our website
- **Fireside Chats**
- **Fact Sheets:** detailing where and how to access supports and services
- **Spanish Resource Page**
- **County Road Maps:** each county's direct links and phone numbers for resources
- **Tours of Specialized County College Programs**
- **Go-bags:** comprehensive collections of information and resources on various topics such as - Individual Education Plans (IEP), Guardianship and more
- **FAQS**
- **Workshops:** ongoing registration for live presentations and seminars across the state
- **Links to Internet Resources**
- **And much more!**

## Achieve with Us!



[facebook.com/  
thearcofnjfamilyinstitute](https://facebook.com/thearcofnjfamilyinstitute)



[x.com/TheArcNJFI](https://x.com/TheArcNJFI)



[instagram.com/thearcnjfi](https://instagram.com/thearcnjfi)

## Visit Our Office



985 Livingston Avenue  
North Brunswick, NJ  
08902

## Visit Our Website



[www.thearcfamilyinstitute.org](http://www.thearcfamilyinstitute.org)



732-246-2526



[fi@arcnj.org](mailto:fi@arcnj.org)

## The Arc of New Jersey Family Institute



The Go To Place for...

Advocacy  
Empowerment  
Education  
Resources

for families caring for a loved  
one with special needs

# Mission

The Family Institute is committed to providing families with the necessary resources, information and education to access appropriate supports and services for their loved one with intellectual and developmental disabilities (IDD).

The Family Institute also supports family members in becoming personally involved with public policy. It's our mission to assist families and friends of individuals with IDD in advocating for positive, lasting change in public policy.



# Education

The Family Institute has become the "go to" place for families to get answers and help. We provide information on how to best navigate New Jersey's service delivery systems through:

- Workshops and Seminars
- Webinars and Podcasts
- Fact Sheets
- Individual Advocacy
- Systems Advocacy
- Information and Referral
- A Comprehensive Website

There are many changes taking place within the service systems for children and adults with IDD. Connecting with The Family Institute is a must to keep your family informed, both now and in the future!



# Advocacy

The Family Institute advocates on behalf of individuals with IDD and their families, and keeps everyone informed of new developments through:

- Email Updates
- Action Alerts
- Monthly E-Newsletter
- Bi-Weekly Events Email

Public policy advocacy is most effective when all members of the community actively participate, including those not directly impacted by intellectual and developmental disabilities.

Get connected to The Arc of New Jersey and stay informed about all the latest updates, by joining our Families Network.

