# CAREER PLANNING SERVICES FROM THE DIVISION OF DEVELOPMENTAL DISABILITIES (DDD)

Career planning services through the DDD Supports Program are person-centered, comprehensive employment planning and supports for individuals to obtain, maintain or advance in competitive, integrated employment. The service also helps the individual explore their interests to identify a career direction with the goal of long-term employment.



- Develop a career path in the general workforce
- Further the individual's career through increased wages, benefits, work hours, and advancement
- Increase the individual's satisfaction with their career direction if they are dissatisfied with their current career

## **BEST PRACTICES IN CAREER PLANNING**

- Utilizing a person centered approach to discover an individual's likes/dislikes, job preference goals, strengths/skills, and support needs in order to develop a career plan.
- Partnering with the individual and people they know to identify creative methods leading to the end result of employment within the career path of choice.
- Identifying a network of people who can provide assistance, leads, support to accomplish employment within a career path of choice.
- Developing a written plan that will guide an individual in meeting their needs.
- Connecting to the community.

# **EXAMPLES OF ACTIVITIES**

Career Planning activities that can be funded through the DDD Supports Program include, but are not limited to:

- Establishing potential career paths
- Job matching
- Situational assessments
- Creating interest inventories
- Developing a career objective plan
- Individual employment support

#### Refer to the DDD Supports Program and Community Care Program Manuals for a more detailed list of experiences and activities.

Supports Program bit.ly/supportsmanual

<u>Community Care Program</u> <u>bit.ly/ccp-manual</u>

The Arc of New Jersey Family Institute <u>thearcfamilyinstitute.org</u> 732.828.2022 thefamilyinstitute@arcnj.org ethearcofnjfamilyinstitute

## LIMITATIONS

This service is available to individuals at a maximum of 80 hours per Service Plan Year.

If the individual is eligible for services from the Division of Vocational & Rehabilitation Services (DVRS), these services must be exhausted before Career Planning can be offered.

