

The Sibling Experience

In partnership with Supportive Initiatives for Brothers & Sisters in New Jersey (SIBS NJ) The Arc of New Jersey Family Institute presents this **free** workshop for families and professionals. This workshop will help participants understand and navigate the unique challenges and strengths that come with being a typically developing sibling of someone with an intellectual and developmental disability or mental health condition. This workshop will also help older siblings develop a better understanding of how to navigate their ever evolving role as a sib.



Date: November 9

Time: 6-7:30 pm

Location: SCARC Inc., (The Arc of Sussex)
11 US Route 206, Suite 100,
Augusta, NJ 07822

Register here: bit.ly/siblingexperiencesussex

Questions? Contact Lisa Ford at lford@arcnj.org or at 732.828.2022

