

# **BEHAVIORAL SUPPORTS**



Behavioral Supports are used to help an individual with intellectual and developmental disabilities acquire and maintain appropriate interactions with others through individual and group counseling, behavioral interventions, diagnostic evaluations or consultations related to the individual's developmental disability.

## **Examples of Behavioral Supports and Activities**

- Behavioral assessment
- Development of behavior support plan
- Dissemination of plan
- Initial training and supervision of caregivers
- Training, oversight, and coordination with staff performing monitoring activities
- Re-training and supervising caregivers
- Revision of plan

## **Commonly Used Reasons for Behaviors**

- Escape
- Attention
- Sensory
- Power and Control
- Tangibles

The Tangible function of behavior describes behaviors that serve the purpose of obtaining a preferable item or activity.

For more information about Behavioral Supports visit: [bit.ly/3WeiTQN](https://bit.ly/3WeiTQN)

## **Steps of a Behavior Support Plan**

**The Behavior Support process involves the following steps:**

- Define the interfering behavior that needs to be reduced or replaced.
- Outline the function for the behavior.
- Explain possible causes of the behavior.
- Develop a plan that suggests actions that will prevent the unwanted behavior.
- Identify the skills that need to be taught to replace the behavior.
- Identify short-term and long-term goals for a new behavior or behavior modifications.
- Create an intervention procedure to achieve these goals.
- Implement the plan consistently across different settings and environments.
- Monitor and evaluate progress of plan.



## **Provider Qualifications and DDD**

Staff responsible for monitoring the implementation of the behavior support plan and training and supervising caregivers must have demonstrated experience in positive behavior support and/or applied behavior analysis and 1 year working with people with developmental disabilities, and they must also meet the following criteria: 1. Board Certified Assistant Behavior Analyst 2. Registered Behavior Technician 3. Direct Support Professional holding NADD DSP Certification 4. Bachelor's degree in applied behavior analysis, psychology, special education, social work, public health, or a similar degree.