

31 HOLIDAY ACTIVITY IDEAS FOR INDIVIDUALS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

DECEMBER 2025

MON	TUE	WED	THU	FRI	SAT	SUN
1 <u>Make Peppermint Hot Chocolate</u>	2 <u>Visit a Tree Farm</u>	3 <u>Build a Gingerbread House</u>	4 <u>Visit Your Local Library & Read Holiday Books</u>	5 <u>Make Homemade Candy Canes</u>	6 <u>Make a No-Sew Stocking</u>	7 <u>Build a Pillow Fort</u>
8 <u>Make Edible Peanut Butter Clay</u>	9 <u>Bake Star of David Cookies</u>	10 <u>Make a Holiday Sensory Bottle</u>	11 <u>Visit Holiday Light Displays</u>	12 <u>Share Your Favorite Holiday Memories</u>	13 <u>Make Snowflakes</u>	14 <u>Prepare Holiday Side Dishes</u>
15 <u>Have a Picnic Under the Christmas Tree</u>	16 <u>Create a Holiday Wreath</u>	17 <u>Make Snowman Playdough</u>	18 <u>Make Pinecone Bird Feeders</u>	19 <u>Volunteer</u>	20 <u>Make Pom Poms</u>	21 <u>Write a Letter to Santa</u>
22 <u>Make a Paper Spinner</u>	23 <u>Make Snow Angels</u>	24 <u>Make Sourdough Bread</u>	25 <u>Make Caramel Apples</u>	26 <u>Bake Holiday Cookies</u>	27 <u>Holiday Movie Marathon</u>	28 <u>Adopt an Elf on the Shelf</u>
29 <u>Make Snow Floam</u>	30 <u>Make a Family/Friend Photo Album</u>	31 <u>Go Caroling</u>				