

Family Support Organization Presents:

# Understanding Sexuality in Youth with Intellectual and Developmental Disabilities: A Guide for Families

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Sexual education encompasses many aspects of life, such as anatomy, health, personal hygiene, reproduction, relationships, and the expression of love. Sex education is needed by all human beings including youth with intellectual and developmental disabilities. Excluding youth with intellectual and developmental disabilities from this important conversation can leave this population vulnerable to abuse.

## This workshop will discuss:

- Why educating youth with intellectual and developmental disabilities is so important.
- Barriers families face in discussing sexuality.
- Solutions to those barriers, and how disability may affect sexuality.

**TUESDAY JUNE 27TH**

**6PM TO 8PM**



**EMPOWER Family Success Center**  
**34 West Main Street**  
**Suite 201**  
**Somerville, NJ 08876**



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